Objective
These activities help to build basic gross-motor skills and cardiovascular endurance while reinforcing skills in counting and listening.

Equipment
Item # 14-760 Super Enormous Tunnel
Item # 41-998 Soft Dome Cones
Item # 50-957 Tom-Tom Drum
Music CD (Optional)

Directions
1. Place the Super Enormous Tunnel in an open area where children can line up at the start and have enough room to exit the tunnel at the end.
2. Choose a favorite music CD or instrument.
3. Invite the children to begin crawling through the tunnel one at a time when they hear the music. As soon as the music stops, they have to stop moving. When the music starts again, they should begin moving again.

Options
• Choose a number and clap that many times. Invite the children to count the number of claps and then crawl through the tunnel that many times!
• Arrange the Soft Dome Cones along parallel pathways to create a course for children to move through. Using the Tom-Tom Drum, tap out a beat. Invite the children to move through the path. As the children move through the path, change the beat (faster, slower) and encourage the children to change their pace.