

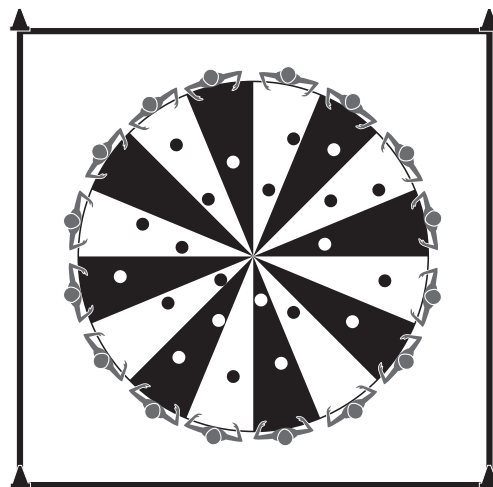


Ready

- 1 spot marker per child
- 4 cones for activity area boundaries
- 1 parachute
- 10-12 fluffballs
- Musical ASAPs #4 and #22
- SPARK EC Music CD and player

Set

- Create activity area.
- Scatter spot markers within area.
- Place parachute outside boundaries.
- Keep fluffballs in a mesh bag or box near the parachute.
- Send children to stand on spot markers.



GO!

1. **“Dance Freeze”** (*Teach Musical ASAP #4.*)
2. **Transition to Parachute**
 - When you hear the color of your home, come help me open the parachute.
 - When you hear your color, **gallop** to sit by the edge of the parachute.
3. **Color Jump and Crawl Challenges** – Can you...
 - Sit in front of 1 color? Shout out your color? Tap your knees and tap your color?
 - Jump up, say your color, and sit down?
 - When you hear the color you are touching, crawl to the center, touch it, and crawl backwards to your place? Repeat.
 - Slither like a snake to the center, and slither back?
4. **Popcorn**
 - Let’s play *Popcorn*. We’ll pretend our parachute is a big pan and our fluffballs are popcorn. We need to heat the oil in our pan.
 - Let’s heat the oil by slowly shaking the parachute.
 - I will put in a few kernels until the pan is hot and ready.
 - When you hear “Pop!” shake the chute hard to pop the popcorn. We’ll know our popcorn is cooked when it flies off the chute. After we pop the popcorn from the pan, I will pick it up (*or send a child to pick up the fluffballs*).
5. **Chute Roll-up** (*Have children help roll up the chute, put it away, and **gallop** home.*)
6. **“Popcorn Calling Me”** (*Teach Musical ASAP #22*)
7. **Wrap It Up**
 - Who will tell us if they have ever eaten popcorn? Did it taste sweet or salty?

POPCORN

ADAPTATIONS

Variation

- * Vary the size and shape of your “popcorn,” using safe, soft, and lightweight objects (e.g., beach balls, balloons, and wads of paper).



OBJECTIVES

- ✓ Color recognition
- ✓ Group cooperation
- ✓ Upper-body strength

YOUR STATE STANDARDS



ACADEMIC

Literacy

Read The Popcorn Book by Tomie de Paola.



FAMILY FUN

Popcorn!

Place soft, light objects on a large towel to simulate kernels of corn. Hold the edges of the towel with your child. “Popcorn!” is the signal to start shaking the towel and popping the “kernels” of popcorn off the towel. With several children or adults, use a sheet or blanket.



TEACHER TIPS

- Children often become very excited during parachute play. Play *Shake, Rattle, and Roll* to reinforce start and stop signals.
- Upper-extremity work is taxing. Children may need frequent breaks or shorter activity times.

NOTES
